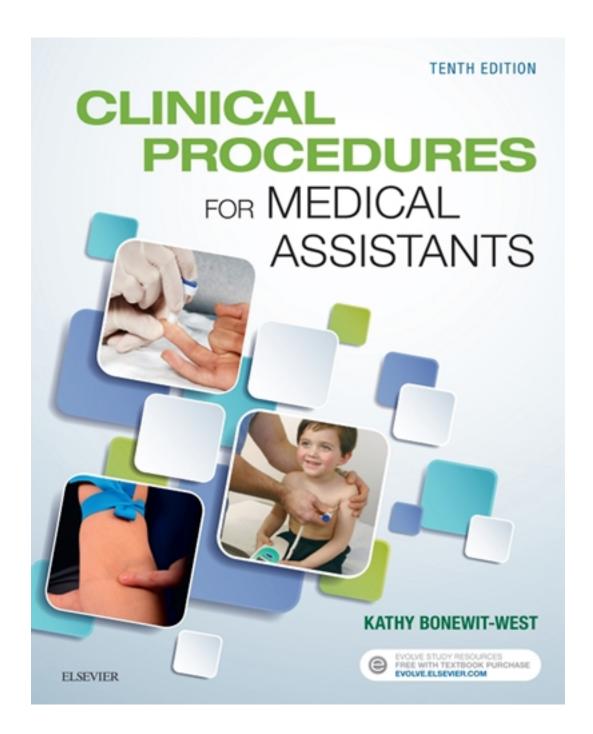
## Test Bank for Clinical Procedures for Medical Assistants 10th Edition by Bonewit-West

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# Test Bank

### Chapter 02: Medical Asepsis and the OSHA Standard Bonewit-West: Clinical Procedures for Medical Assistants, 10th Edition

#### MULTIPLE CHOICE

- 1. What is the name given to a tiny living plant or animal that cannot be seen with the naked eye?
  - a. Pathogen
  - b. Microorganism
  - c. Nonpathogen
  - d. Microbiology

ANS: B REF: p. 26| CAAHEP Competency (2015): V.10

OBJ: 1

- 2. What term is used to describe a microorganism that produces disease?
  - a. Nonpathogen
  - b. Pathogen
  - c. Bacteria
  - d. Infection

ANS: B REF: p. 26 CAAHEP Competency (2015): V.10

OBJ: 2

- 3. Which of the following is *not* an example of a microorganism?
  - a. Pinworms
  - b. Bacteria
  - c. Virus
  - d. Protozoa

ANS: A REF: p. 26 CAAHEP Competency (2015): III.1

OBJ: 1

- 4. What term is used to describe a microorganism that does *not* produce disease?
  - a. Sterile
  - b. Aseptic
  - c. Nonpathogen
  - d. Pathogen

ANS: C REF: p. 26 CAAHEP Competency (2015): V.10

OBJ: 2

- 5. What may remain on an object that is medically aseptic?
  - a. Nonpathogens
  - b. Pathogens
  - c. Droplet infection
  - d. Anaerobes

ANS: A REF: p. 26 CAAHEP Competency (2015): III.4

- 6. All of the following are growth requirements for microorganisms except:
  - a. Darkness
  - b. Moisture
  - c. Nutrition
  - d. Acidic environment

ANS: D REF: pp. 22-23 CAAHEP Competency (2015): III.4

OBJ: 4

- 7. What is the name given to a microorganism that can exist only in the presence of oxygen?
  - a. Anaerobe
  - b. Oxygenophile
  - c. Aerobe
  - d. Heterotroph

ANS: C REF: pp. 22-23| CAAHEP Competency (2015): V.10

OBJ: 4

- 8. The optimal growth temperature is
  - a.  $98.6^{\circ}$  F (37° C), or body temperature.
  - b. the temperature at which a microorganism grows best.
  - c. room temperature.
  - d. the temperature that kills pathogens.

ANS: B REF: pp. 22-23| CAAHEP Competency (2015): 1V.10

OBJ: 4

- 9. Microorganisms can be transmitted through
  - a. droplet infection.
  - b. insects.
  - c. contaminated food.
  - d. contaminated equipment.
  - e. All of the above

ANS: E REF: p. 27 CAAHEP Competency (2015): III.2.d

OBJ: 5

- 10. What is the name given to a person who cannot fight off a pathogen that has entered his or her body?
  - a. Reservoir host
  - b. Resistant host
  - c. Contagious
  - d. Susceptible host

ANS: D REF: p. 27 CAAHEP Competency (2015): III.2.c

- 11. All of the following makes a person less resistant to a pathogen *except*:
  - a. Poor nutrition
  - b. Immunizations
  - c. Poor hygiene
  - d. Stress

ANS: B REF: p. 27| CAAHEP Competency (2015): III.2.c

OBJ: 6

- 12. Which of the following help prevent the entrance of microorganisms into the body?
  - a. Coughing and sneezing
  - b. Acidic nature of urine
  - c. Hydrochloric acid in the stomach
  - d. Mucus in the nose and respiratory tract
  - e. All of the above

ANS: E REF: pp. 27-28 CAAHEP Competency (2015): III.2.d

OBJ: 6

- 13. Cilia remove pathogens from the body by
  - a. providing an acidic environment.
  - b. engulfing pathogens.
  - c. trapping microorganisms.
  - d. constantly beating toward the outside.
  - e. All of the above

ANS: D REF: pp. 27-28 CAAHEP Competency (2015): III.4

OBJ: 6

- 14. What term is used to describe practices that help to keep an object or area clean and free from infection?
  - a. Medical asepsis
  - b. Surgical asepsis
  - c. Disinfection
  - d. Sterilization

ANS: A REF: p. 28 CAAHEP Competency (2015): III.3.a

OBJ: 3

- 15. Which of the following are picked up in the course of daily activities, are attached loosely to the skin, and are often pathogenic?
  - a. Transient flora
  - b. Normal flora
  - c. Opportunistic infections
  - d. Resident flora

ANS: A REF: p. 28 CAAHEP Competency (2015): V.10

OBJ: 7

- 16. Which of the following is the MOST important means of preventing the spread of microorganisms in the medical office?
  - a. Disinfecting examining tables
  - b. Gloving
  - c. Hand hygiene
  - d. Immunizations

ANS: C REF: pp. 28-29 CAAHEP Competency (2015): III.4

- 17. The CDC recommends that washing the hands with soap and water be performed
  - a. after eating.
  - b. when the hands are visibly soiled.
  - c. before using the restroom.
  - d. after taking a patient's blood pressure.

ANS: B REF: pp. 28-29| CAAHEP Competency (2015): III.6

OBJ: 10

- 18. All of the following are advantages of alcohol-based hand rubs except:
  - a. They do not require rinsing.
  - b. Less time is required to perform hand hygiene.
  - c. They remove all resident flora from the skin.
  - d. They contain emollients to prevent drying of the hands.

ANS: C REF: p. 29 CAAHEP Competency (2015): III.4

OBJ: 8

- 19. All of the following are good aseptic practices in the medical office *except*:
  - a. Keeping the medical office free of dirt and dust
  - b. Wearing jewelry
  - c. Avoiding coughs and sneezes of patients
  - d. Carefully disposing of wastes

ANS: B REF: pp. 29-30| CAAHEP Competency (2015): III.4

OBJ: 9

- 20. Which of the following is *not* a symptom of a mild allergy to latex gloves?
  - a. Shortness of breath
  - b. Redness of the skin
  - c. Itching
  - d. Urticaria

ANS: A REF: pp. 30, 25 CAAHEP Competency (2015): I.8

OBJ: 11

- 21. All of the following are guidelines for working with gloves *except*:
  - a. Wearing the correct size gloves
  - b. Keeping the fingernails short
  - c. Storing gloves away from extremes of temperature
  - d. Applying an oil-based hand lotion before gloving

ANS: D REF: p. 30| CAAHEP Competency (2015): I.12

OBJ: 11

- 22. The purpose of the OSHA Bloodborne Pathogens Standard is to
  - a. improve the quality of laboratory testing in the United States.
  - b. protect public health and the environment outside of the workplace.
  - c. reduce the risk to employees of exposure to infectious diseases.
  - d. prevent exposure of employees to bloodborne pathogens.

ANS: C REF: pp. 35-36 CAAHEP Competency (2015): III.5

- 23. Which of the following employees would be *least* likely to have occupational exposure?
  - a. Medical laboratory technician
  - b. Dental hygienist
  - c. Electrician
  - d. Law enforcement officer

ANS: C REF: pp. 35-36| CAAHEP Competency (2015): III.5

OBJ: 12

- 24. All of the following are examples of bloodborne pathogens *except*:
  - a. Hepatitis B virus
  - b. HIV
  - c. Hepatitis C
  - d. White blood cells

ANS: D REF: pp. 35-36| CAAHEP Competency (2015): III.5

OBJ: 12

- 25. Which of the following is *not* an example of a sharp?
  - a. Needle
  - b. Cotton-tipped applicator
  - c. Lancet
  - d. Glass capillary tube

ANS: B REF: p. 36 CAAHEP Competency (2015): III.5

OBJ: 13

- 26. Which of the following is *not* considered an other potentially infectious material (OPIM)?
  - a. Any body fluid visibly contaminated with blood
  - b. Vaginal secretions
  - c. Tears and sweat
  - d. Semen

ANS: C REF: p. 36 CAAHEP Competency (2015): III.5

OBJ: 12

- 27. Which of the following is *not* an example of nonintact skin?
  - a. Skin with dermatitis
  - b. Burned skin
  - c. Bruised skin
  - d. Chapped skin

ANS: C REF: p. 36 CAAHEP Competency (2015): III.5

- 28. Which of the following is an example of an exposure incident?
  - a. Spilling blood on a laboratory worktable
  - b. Sticking yourself with the needle after drawing up an injectable medication
  - c. Getting blood onto your bare hands
  - d. Splashing blood into your eyes
  - e. All of the above

ANS: D REF: p. 36| CAAHEP Competency (2015): III.5

OBJ: 14

- 29. How often does OSHA require employers to review and update their Exposure Control Plan?
  - a. Every 6 months
  - b. Once each year
  - c. Every 2 years
  - d. Only when a new procedure is instituted

ANS: B REF: pp. 36-37 CAAHEP Competency (2015): III.5

OBJ: 14

- 30. A biohazard warning label must be attached to all of the following *except*:
  - a. Container of regulated waste
  - b. Refrigerator used to store blood
  - c. Cabinet used to store laboratory testing supplies
  - d. Plastic bag used to transport blood to the lab

ANS: C REF: pp. 37-38 CAAHEP Competency (2015): III.5

OBJ: 15

- 31. What term is used to describe all measures and devices that isolate or remove the bloodborne pathogens hazard from the workplace?
  - a. Engineering control
  - b. Work practice control
  - c. Personal protective equipment
  - d. Universal precaution

ANS: A REF: pp. 38-40 CAAHEP Competency (2015): III.5

OBJ: 16

- 32. What term describes a device that makes an exposure incident involving a contaminated sharp less likely to occur?
  - a. Postexposure prophylaxis
  - b. Decontamination
  - c. Personal protective equipment
  - d. Safer medical device

ANS: D REF: pp. 38-40 | CAAHEP Competency (2015): III.5

OBJ: 16

- 33. All of the following are examples of work practice controls *except*:
  - a. Sanitizing the hands after removing gloves
  - b. Placing a lancet in a biohazard sharps container
  - c. Picking up broken glassware with gloved hands
  - d. Bandaging a cut on the hands before gloving

ANS: C REF: pp. 38-40| CAAHEP Competency (2015): III.5

- 34. Which of the following is an example of personal protective equipment (PPE)?
  - a. Clean disposable gloves
  - b. Biohazard sharps container

- c. Scrubs
- d. Prescription eyeglasses

ANS: A REF: p. 40 CAAHEP Competency (2015): III.6

OBJ: 16

- 35. All of the following are guidelines that should be followed when using PPE except:
  - a. Decontaminate and reuse disposable gloves.
  - b. Remove all PPE before leaving the medical office.
  - c. Replace gloves that become torn or contaminated as soon as possible.
  - d. Remove a garment penetrated by blood as soon as possible.

ANS: A REF: pp. 40-41 CAAHEP Competency (2015): III.6

OBJ: 17

- 36. Which of the following is a violation of the OSHA standard?
  - a. Eating in the office laboratory
  - b. Storing the Exposure Control Plan on the computer
  - c. Recapping a needle after withdrawing medication from a vial
  - d. Refusing to get the hepatitis B vaccination
  - e. All of the above

ANS: A REF: pp. 39-40| CAAHEP Competency (2015): III.6

OBJ: 12

- 37. What is the *first* thing you should do if a cut on your bare hand accidentally comes in contact with a patient's blood?
  - a. Report the incident to the provider
  - b. Immediately wash your hands thoroughly with soap and water
  - c. Apply gloves
  - d. Obtain a hepatitis B vaccination

ANS: B REF: pp. 41-42 CAAHEP Competency (2015): III.5

OBJ: 12

- 38. Personal protective equipment must be used to
  - a. draw blood.
  - b. label a specimen container.
  - c. measure oral temperature.
  - d. perform a vision screening test.
  - e. All of the above

ANS: A REF: pp. 40-41 CAAHEP Competency (2015): III.6

OBJ: 17

- 39. Which of the following is a violation of the OSHA standard with respect to biohazard sharps containers?
  - a. Locate the sharps container as close as possible to the area of use.
  - b. Maintain sharps containers in an upright position.
  - c. Only reach into a sharps container with a gloved hand.
  - d. Replace sharps containers when they are 3/4 full.

ANS: C REF: pp. 41-42 CAAHEP Competency (2015): XII.6

OBJ: 13

- 40. The hepatitis B vaccine must be offered to a new medical office employee *except* when
  - a. the individual has previously received the vaccine.
  - b. antibody testing has revealed that the individual is immune to hepatitis B.
  - c. the vaccine is contraindicated for medical reasons.
  - d. All of the above

ANS: D REF: p. 310| CAAHEP Competency (2015): III.5

OBJ: 20

- 41. What must a medical office employee do if he or she declines the hepatitis B vaccine?
  - a. Perform ten push-ups.
  - b. Sign a hepatitis B waiver form.
  - c. Be tested for hepatitis B antibodies.
  - d. Double-glove when administering injections.

ANS: B REF: p. 43| CAAHEP Competency (2015): III.5

OBJ: 20

- 42. Which of the following used items is *not* an example of regulated medical waste?
  - a. Suture needle
  - b. Microbiological collection device
  - c. Gauze saturated with blood
  - d. Urine testing strip

ANS: D REF: p. 43| CAAHEP Competency (2015): III.5

OBJ: 18

- 43. Which of the following represents an *error* in technique when preparing and storing regulated medical waste for disposal by an infectious waste service?
  - a. Closing the lid of a full sharps container in the examining room
  - b. Double-bagging regulated medical waste
  - c. Placing a biohazard bag in a cardboard box and sealing it
  - d. Storing a biohazard box in the front office for pickup by the medical waste service

ANS: D REF: pp. 43-45| CAAHEP Competency (2015): XII.6

OBJ: 19

- 44. What information is included on a regulated waste tracking form?
  - a. The type of waste
  - b. The quantity of waste in pounds
  - c. Where the waste is being sent
  - d. All of the above

ANS: D REF: pp. 43-45| CAAHEP Competency (2015): XII.6

- 45. The most likely means of contracting hepatitis B in the health care setting is through
  - a. contaminated food and water.
  - b. needlesticks and blood splashes.
  - c. handling contaminated equipment.
  - d. touching a patient infected with hepatitis B.

ANS: B REF: pp. 45-46| CAAHEP Competency (2015): I.8

OBJ: 20

- 46. What is the immunization schedule for the hepatitis B vaccine?
  - a. 0, 1 month, 2 months
  - b. 0, 2 months, 4 months
  - c. 0, 6 months, 12 months
  - d. 0, 1 month, 6 months

ANS: D REF: p. 44 | CAAHEP Competency (2015): I.11

OBJ: 20

- 47. The most common side effect of the hepatitis B vaccine is
  - a. nausea.
  - b. hives.
  - c. irritability.
  - d. soreness at the injection site.

ANS: D REF: p. 44| CAAHEP Competency (2015): I.11

OBJ: 20

- 48. Patients with chronic hepatitis B face an increased risk of developing
  - a. liver cancer.
  - b. pancreatitis.
  - c. rheumatic heart disease.
  - d. gallstones.

ANS: A REF: p. 46| CAAHEP Competency (2015): I.11

OBJ: 20

- 49. What is the most common means of transmission for hepatitis C?
  - a. Sharing needles for illegal injection drug use
  - b. Coughs and sneezes from an infected person
  - c. Sexual intercourse
  - d. Mosquitoes

ANS: A REF: p. 46 CAAHEP Competency (2015): I.8

OBJ: 20

- 50. What is the term for an infection that results from a defective immune system that cannot defend itself from pathogens normally found in the environment?
  - a. Autoimmunity
  - b. Opportunistic
  - c. Contagious
  - d. Seropositive

ANS: B REF: pp. 46, 48 CAAHEP Competency (2015): I.8

- 51. Acquired immunodeficiency syndrome is caused by a
  - a. bacteria.
  - b. fungus.

- c. parasite.
- d. virus.

ANS: D REF: pp. 46, 48 CAAHEP Competency (2015): I.8

OBJ: 22

- 52. Treatment administered to an individual after exposure to an infectious disease to prevent the disease is known as
  - a. immunization.
  - b. postexposure prophylaxis.
  - c. first aid measures.
  - d. antiviral drug therapy.

ANS: B REF: p. 46 CAAHEP Competency (2015): I.9

OBJ: 21

- 53. AIDS cannot be transmitted through
  - a. casual contact.
  - b. blood splashes.
  - c. sexual intercourse.
  - d. needlestick injuries.

ANS: A REF: p. 48 CAAHEP Competency (2015): I.8

OBJ: 22

#### **MULTIPLE RESPONSE**

- 1. When should clean disposable gloves be used?
  - a. When administering an injection
  - b. When performing a venipuncture
  - c. When performing a finger stick
  - d. When performing urinalysis

ANS: A, B, C, D REF: pp. 30, 35| CAAHEP Competency (2015): III.6

OBJ: 11

#### **MATCHING**

Directions: Match each word part meaning with its correct word part.

- a. Aer/o
- b. An-
- c. Anti-
- d. Enter/o
- e. -gen
- f. Micro-
- g. Natal
- h. Non-
- i. Path/o
- j. Peri-
- k. Post-
- 1. Septic

- 1. After
- 2. Against
- 3. Air
- 4. Disease
- 5. Infection
- 6. Not
- 7. Pertaining to Birth
- 8. Producing
- 9. Small
- 10. Without
- 11. Intestine

1.	ANS: K	REF: p. 50  CAAHEP Competency (2015): V.9
	ODI: NI/A	

OBJ: N/A

2. ANS: C REF: p. 50| CAAHEP Competency (2015): V.9

OBJ: N/A

3. ANS: A REF: p. 50| CAAHEP Competency (2015): V.9 OBJ: N/A

4. ANS: I REF: p. 50| CAAHEP Competency (2015): V.9 OBJ: N/A

5. ANS: L REF: p. 316| CAAHEP Competency (2015): V.9 OBJ: N/A

6. ANS: H REF: p. 50| CAAHEP Competency (2015): V.9

OBJ: N/A

7. ANS: G REF: p. 50| CAAHEP Competency (2015): V.9

OBJ: N/A

8. ANS: E REF: p. 316| CAAHEP Competency (2015): V.9

OBJ: N/A

9. ANS: F REF: p. 50| CAAHEP Competency (2015): V.9

OBJ: N/A

10. ANS: B REF: p. 50| CAAHEP Competency (2015): V.9

OBJ: N/A

11. ANS: D REF: p. 50| CAAHEP Competency (2015): V.9

OBJ: N/A