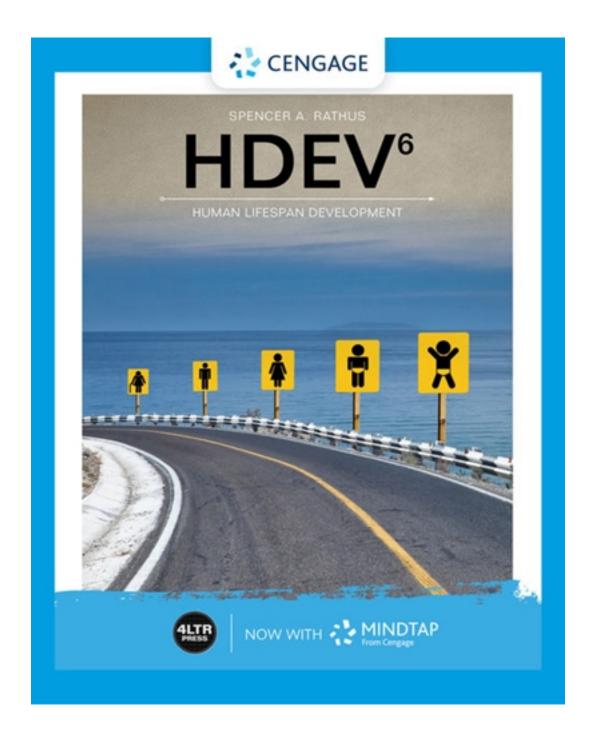
Test Bank for HDEV 6th Edition by Rathus

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Test Bank

Name:	Class:	Date:
Chapter 01: History, Theories, and I	Methods	
True / False		
1. During the Middle Ages, children we reason."	ere nurtured until they were 7-years-old, wh	nich was considered the "age of
a. True		
b. False		
ANSWER: True		
2. John Locke believed that children sh	nould be treated as property and servants.	
a. True		
b. False		
ANSWER: False		
3. Jean-Jacques Rousseau believed tha	at children were born inherently good.	
a. True		
b. False		
ANSWER: True		
4. John Locke said that children begin	life bearing ancestral knowledge.	
a. True		
b. False		
ANSWER: False		
• , ,	cheory, children develop strong sexual attac	hments to the same-sex parent during
the phallic stage.		
a. True		
b. False		
ANSWER: False		
	rformance of operant behavior without pun	ishment.
a. True		
b. False		
ANSWER: False		
-	onsidered less effective than types of discip	line that provide alternative,
acceptable behaviors.		
a. True		
b. False		
ANSWER: True		
	gues that children learn by observing mode	ls.
a. True		
b. False		
ANSWER: True		

Name:	Class:	Date:
Chapter 01: History, Theories, and Metho	<u>ds</u>	
9. Piaget's cognitive-developmental theory s environments.a. Trueb. FalseANSWER: True	uggests that children actively learn a	about and take charge of their
10. Fixed action patterns are learned behaviora. Trueb. FalseANSWER: False	ors.	
11. During prenatal development, neurotran sex organs.a. Trueb. FalseANSWER: False	smitters are responsible for the phys	sical development of female and male
12. The nervous systems of most, and perhal a. True b. False ANSWER: False	os all, animals are "prewired" to resp	oond to most situations in general ways.
13. The ecological systems theory of develop a. True b. False ANSWER: False	ment states that only genetic factor	s are worth studying.
14. The nature–nurture controversy debates a. True b. False ANSWER: False	whether development is continuous	s or a series of stages.
15. Stage theories consider development as a. Trueb. FalseANSWER: False	a continuous process.	
16. Strong arguments or reference to author a. True b. False ANSWER: False		
17. Case study involves detailing an account a. True	ot the behavior of multiple subjects.	

b. False

Name:	Class:	Date:
Chapter 01: History, Theories, and Met	<u>hods</u>	
ANSWER: False		
18. Dependent variables are manipulated a. True b. False	by experimenters.	
ANSWER: False		
19. In the context of experiments, experimants, experimants, experimants, experimants, experiments, experimen	nental outcomes reflect the chance fac	ctors and not treatment.
20. Cross-sequential research combines the a. Trueb. FalseANSWER: True	ne longitudinal and cross-sectional rese	earch methods.
Multiple Choice		
 21. Children were most often viewed as in a. prehistory. b. the Middle Ages. c. the Industrial Revolution. d. the 20th century. ANSWER: b	nately evil during	
 22. Jean-Jacques Rousseau is most likely t a. children are born innately good. b. children are born innately evil. c. children are influenced by their exp d. children are indifferent to their sur ANSWER: a	periences.	
23. Peter believes that the best way to rai wrong and rewarding him whenever he do involved in shaping the child's behavior. Pa. Jean Piaget b. Jean-Jacques Rousseau c. Konrad Lorenz d. John Locke ANSWER: d	pes something that Peter thinks is right	t. Peter believes that he has to be
24. Sakari believes that her four-year-old	son should always be allowed to do as	he pleases. Sakari believes that her son,

like all children, is incapable of doing anything wrong, and allowing her son to do whatever he wants is the best way to

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Name:	_ Class:	_ Date:
Chapter 01: History, Theories, and Methods		

raise him. Sakari's ideas agree best with the philosopher . .

- a. Jean Piaget
- b. Jean-Jacques Rousseau
- c. Konrad Lorenz
- d. John Locke

ANSWER: b

- 25. Differentiate between John Locke's writing and Jean-Jacques Rousseau's writings.
 - a. While Locke argued that children are inherently good, Rousseau argued that children were innately evil.
 - b. While Locke focused on the role of the environment, Rousseau focused on the expression of natural impulses.
 - c. While Locke believed that children should be treated as property and servants, Rousseau believed that children should be treated with respect and care.
 - d. While Locke believed in the traditional views of developmental psychology, Rousseau believed in the modern views of developmental psychology.

ANSWER: b

- 26. Which of the following is true of family life during the Industrial Revolution?
 - a. Family life was legally defined to include three generations of relatives.
 - b. Family life grew to include extended family members, like cousins, aunts, and uncles.
 - c. Family life was defined in terms of the nuclear unit of mother, father, and children.
 - d. Family life shrank to include only one child raised by a single parent.

ANSWER: c

- 27. Which of the following is true of children in the 20th century?
 - a. Children received greater legal protection than they did prior to then.
 - b. Children were married at a younger age than those in previous centuries.
 - c. Children were considered to be the property of their parents.
 - d. Children experienced less emphasis on education than during previous centuries.

ANSWER: a

- 28. The idea of childhood as a special time of life
 - a. was concurrent with a time of ease for children during the Industrial Revolution.
 - b. became evident during the Industrial Revolution, as children became more visible.
 - c. lasted through the Middle Ages; however, it slowed down during the Industrial Revolution.
 - d. corresponded to the Middle Ages and the importance of children in the family during this time.

ANSWER: b

- 29. The purpose of the first standardized intelligence test was to
 - a. measure IQ scores to determine genius-level abilities in children.
 - b. identify children who were at risk of falling behind in school.
 - c. create separate classrooms for children that are gifted and children that are intellectually disordered.
 - d. compare people of different cultural backgrounds.

Name:	Class:	Date:
		-

Chapter 01: History, Theories, and Methods

ANSWER: b

- 30. A similarity between John Watson's school of behaviorism and John Locke's concept of tabula rasa is that they both
 - a. emphasize the joint contributions of nature and nurture to one's development.
 - b. suggest that one's genetic endowment determines one's ideas, preferences, and skills.
 - c. suggest that experience determines one's ideas, preferences, and skills.
 - d. emphasize the importance of maturational processes.

ANSWER: c

- 31. Which of the following perspectives of human development is Arnold Gesell credited with?
 - a. Biological maturation of children
 - b. The inherent goodness of children
 - c. The inherently flawed nature of children
 - d. Environment influences of children

ANSWER: a

- 32. The psychosexual theory of development is similar to the psychosocial theory of development in that both theories
 - a. assert that human development is a continuous, lifelong process with little or no gaps.
 - b. suggest that a child's experiences during early stages affect the child's emotional and social life at the time and later on.
 - c. believe that a child or adult's behavior is learned.
 - d. suggest that adaptation and natural selection are connected with behavior.

ANSWER: b

- 33. According to Freud, which aspect of our personality is present at birth?
 - a. The superego
 - b. The id
 - c. The ego
 - d. The archetype

ANSWER: b

- 34. A two-year-old child starts screaming and crying every time their parent makes them drink a glass of milk. The child continues to behave this way until the parent takes the glass away and tells the child they do not need to drink it. According to Freud, which part of the child's personality is responsible for this behavior?
 - a. The ego
 - b. The superego
 - c. The id
 - d. The superid

ANSWER: c

- 35. Which of the following is true of the superego?
 - a. It represents biological drives and demands instant gratification.
 - b. It curbs biological drives, instincts, and reflexive actions and makes plans that are in keeping with social

Name:	Class:	Date:
Chapter 01: History, Theories, and Methods	<u>S</u>	
conventions.		
c. It brings inward the wishes and morals	of a young person's caregivers and	other members of the community.
d. It develops when children learn to obta	in gratification consciously.	
ANSWER: c		
36. A similarity between Freud's and Erikson's	psychoanalytic theories is that the	ey both are
a. types of stage theories.		
b. exclusively nature theories.		
c. exclusively nurture theories.		
d. quantitative theories.		
ANSWER: a		
37. According to Freud, the ego		
a. is biologically based and present at birt	h.	
b. is driven by the quest for pleasure.		
c. forces us to follow rules and acts as a m	noral base.	
${ m d.}$ makes plans that are socially appropria	te.	
ANSWER: d		
38. According to Freud,a fixation in the oral sta	age occurs because of	
 a. being toilet trained too strictly. 		
b. being weaned too early or breastfed fo	r too long.	
c. concentrating on school work for too lo	ong.	
${ m d.}$ playing with older children too often.		
ANSWER: b		
39. A piano player often bites their nails when strangers and co-musicians. According to Freu	·	
as the		
a. anal stage		
b. oral stage		
c. phallic stage		
d. genital stage		
ANSWER: b		
40. A convenience store manager has a tender something to chew on, they occasionally chew manager is most likely stuck in the stage of de	on the inside of their cheek. Acco	rding to Freud, the convenience store
a. anal stage		
b. oral stage		
c. phallic stage		
d. genital stage		
ANSWER: b		

Name:	Class:	Date:
Chapter 01: History, Theories, and Metho	<u>ods</u>	
41. According to Freud, a fixation occurs dur	ring the anal stage of development be	cause of
a. strict toilet training.		
b. excessive breastfeeding.		
c. excess work load in school.		
d. interaction with older children.		
ANSWER: a		
42 . Harold often argues with his father and ι	-	lose to his mother. According to Freud
a. anal stage		
b. oral stage		
c. phallic stage		
d. latency stage		
ANSWER: c		
43. The final stage in Sigmund Freud's theor a. latency stage	y of psychosexual development is the	·
b. anal stage		
c. genital stage		
d. oral stage		
ANSWER: c		
44. Which of the following is true of Freud's	legacy for future thinkers?	
a. His focus on the scientific method has	s led to stronger ways of studying hun	nan development.
b. His emphasis on evolutionary change	s has led to further research on behav	vioral changes in each generation.
 c. His focus on the importance of genet environment intersect. 	ics has led to modern researchers und	derstanding how genetics and
 d. His emphasis on the emotional needs misbehaviors. 	s of children has influenced how educa	ators understand children's
ANSWER: d		
45. Whose theory of psychosocial developm	ent places the greatest emphasis on t	he ego?
a. Erik Erikson		
b. Sigmund Freud		
c. Abraham Maslow		
d. Jean Piaget		
ANSWER: a		
46. According to Erikson, which of the follow	ving is true of early experiences?	
a. They are more challenging than later	experiences.	

b. They continue to affect future development.

c. They exert very little influence on who we become.

Name:	Class:	Date:
Chapter 01: History, Theories, and Meth	<u>nods</u>	
d. They only predict future developme	ent once we reach six to eight years of a	age.
ANSWER: b		
47. Erikson argued that individuals frequent values and the roles they play in life. He real identity crisis		ct that causes them to examine their
b. operant conditioning		
c. latency stage		
d. genital stage ANSWER: a		
48. An advantage of Erikson's psychosocia	•	
a. reinforces the importance of uncon	•	
b. emphasizes the importance of hum		
·	avior is a product of evolutionary chang	
	s could easily be overcome as we devel	lop in our lives.
ANSWER: b		
49. A four-year-old child is wetting the bed asleep. If the pad becomes wet, a bell ring and eventually stops wetting the bed altog treat the child's bed-wetting?	s. After several repetitions, the child lea	arns to wake up before wetting the pac
a. Psychodynamic theory		
b. Cognitive theory		
c. Psychosocial theory		
d. Learning theory		
ANSWER: d		
50. A young child throws tantrums as soor candy every bath time, and the child has s this scenario, the candy acts as a a. scaffold	·	
b. negative reinforcer		
c. scheme		
d. positive reinforcer		
ANSWER: d		
51. A six-year-old goes to school and every school and looks forward to lunch every dichild's good attendance at school and enjoral. Psychodynamic theory	ay. In this scenario, which of the followi	_
b. Cognitive theory		

c. Psychosocial theory

Name:	Class:	Date:
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Chapter 01: History, Theories, and Methods

d. Learning theory

ANSWER: d

- 52. In which form of learning do children come to engage in a behavior because of its effects?
 - a. Classical conditioning
 - b. Operant conditioning
 - c. Active learning
 - d. Passive learning

ANSWER: b

- 53. Which process directed at influencing the behavior patterns of young children involves the use of operant conditioning?
 - a. Fixation
 - b. Socialization
 - c. Transition
 - d. Maturation

ANSWER: b

- 54. The most accurate statement about the use of reinforcement is it
 - a. increases the frequency of a behavior.
 - b. creates feelings of anger and resentment.
 - c. is considered a negative punishment.
 - d. is considered an ineffective method of child-rearing.

ANSWER: a

- 55. An outcome of the use of punishment with children is that it
 - a. works even when its delivery is not guaranteed.
 - b. encourages children to respect authority.
 - c. may cause feelings of anger and hostility.
 - d. may provide clear alternatives to unacceptable behavior.

ANSWER: c

- 56. Which of the following is an example of observational learning?
 - a. A person fishing at a lake jumps when they hear loud thunder.
 - b. A child is not given any dessert because they did not eat their vegetables at dinner.
 - c. A grandchild watches a grandparent make cookie dough, and the grandchild mimics the grandparent's behavior.
 - d. A 10-year-old stops having temper tantrums in public when the parent begins ignoring them.

ANSWER: c

- 57. In the context of theories of development, a cognitive theorist is most likely to study how
 - a. children confront and resolve developmental crises in their lives.
 - b. the id, ego, and superego work together to form a healthy personality.

Name:	Class:	Date:
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Chapter 01: History, Theories, and Methods

- c. patterns of reinforcement and punishment promote learning.
- d. children perceive and mentally represent the world.

ANSWER: d

- 58. From his research on intelligence tests, Piaget concluded that children's incorrect answers
 - a. followed consistent cognitive processes.
 - b. demonstrated their logical mental processes.
 - c. resulted from inconsistent cognitive processing.
 - d. resulted from unstructured mental processing.

ANSWER: a

- 59. Piaget's believed that children
 - a. came into the world as a tabula rasa or a "blank tablet."
 - b. have an inborn predisposition toward good or evil.
 - c. actively intend to learn about and take intellectual charge of their worlds.
 - d. intend to develop into generous and moral individuals.

ANSWER: c

- 60. A scheme can be changed by
 - a. the process of assimilation.
 - b. comparing old information with new schemes.
 - c. getting more complex as children age according to their genotype.
 - d. the process of accommodation.

ANSWER: d

- 61. Sarah gives her four-year-old son Lee an apple each day and tells Lee that apples are fruits. However, one day, Sarah gives Lee an orange. Sarah tells Lee that oranges are also fruits. Which of the following is most likely to occur to Lee's scheme of fruits?
 - a. Lee creates a new scheme for oranges.
 - b. Lee ignores the new information about oranges.
 - c. Lee incorporates the information so that his scheme now includes apples and oranges.
 - d. Lee eliminates the concept of apple, and now his scheme of fruits only contains oranges.

ANSWER: c

- 62. Which of the following measures is taken up by teachers who follow Piaget's views?
 - a. They look at a child's ability to suppress their aggressive tendencies.
 - b. They gear instructions to advance the child's developmental level.
 - c. They assist children in completing problems in workbooks.
 - d. They suggest that children of all ages process information similarly.

ANSWER: b

- 63. The field of ethology
 - a. deals with the ways in which children encode information.

Name: Class: Date:	
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Chapter 01: History, Theories, and Methods

- b. examines how children learn to act by observing models.
- c. observes children going through stages of psychosexual development.
- d. involves the study of behaviors that are specific to a species.

ANSWER: d

- 64. Dr. Fitzsimmons is an evolutionary psychologist. He studies the ways in which adaptation and natural selection are connected with mental processes and behavior. Given Dr. Fitzsimmons background, which of the following statements is the doctor most likely expected to make?
 - a. Patterns of behavior are transmitted genetically from one generation to another.
 - b. Prenatal exposure to hormones has little effect on gender behaviors.
 - c. The same level of influence of biology affects humans as it does other animals.
 - d. Instincts have little effect on the behavior of an individual.

ANSWER: a

- 65. Which of the following methods of study is advocated by Urie Bronfenbrenner?
 - a. Studying the changes that a person undergoes throughout life
 - b. Studying two-way interactions between a child and their parents
 - c. Focusing on the unconscious conflicts and urges that primarily influence human development
 - d. Focusing solely on maturational forces that influence human development

ANSWER: b

- 66. Robinette is four-year-old and goes to a play school when his mother goes to work. Robinette spends weekdays in this school, and gets to play with other children who are his age and also listens to rhymes and stories from his teacher. Which of the following systems is represented by Robinette's play school?
 - a. The mesosystem
 - b. The exosystem
 - c. The microsystem
 - d. The macrosystem

ANSWER: c

- 67. Joel is the mother of a 10-year-old daughter and works on an assembly line at a large manufacturing plant. Joel's work requires long hours in order to have enough money to pay the household bills every month. As a result, Joel is unable to make it to her daughter's soccer games. Which of the following systems is represented by Joel's workplace?
 - a. The mesosystem
 - b. The exosystem
 - c. The microsystem
 - d. The macrosystem

ANSWER: b

- 68. In the context of human development, which of the following is true of the microsystem?
 - a. It involves interactions between the school and the larger community.
 - b. It involves interactions based on the cultural settings of the individual.
 - c. It involves interactions with environmental changes that occur over the life course.

Name:	Class:	Date:
Chapter 01: History, Theories, and M	<u>lethods</u>	
d. It initially involves interactions b	pased on caregiving mostly with parents and	d others.
ANSWER: d		
occur in the	evelopment holds that interactions of the v	various settings within the microsystem
a. mesosystem		
b. endosystem		
c. chronosystem		
d. exosystem		
ANSWER: a		
70. In the context of human developme a. It involves interactions in the sch	ent, which of the following is true of the mand and the larger community.	acrosystem?
b. It involves interactions based on	the cultural settings of the individual.	
c. It involves interactions with envi	ironmental changes that occur over the life	e course.
d. It involves interactions based on	caregiving with parents and others.	
ANSWER: b		
over time is the	ent, the system that considers the influence	e of environmental changes that occur
a. microsystem		
b. mesosystem		
c. chronosystem		
d. macrosystem		
ANSWER: c		
72. Issues such as the prevention of chi from broader strategies due to the a. empirical approach	ild abuse, substance use disorders, and unla	awful acts by juveniles may benefit
b. cognitive approach		
c. ecological approach		
- ,,		
d. equilibration approach		
ANSWER: c		
weekly stays with one of his parent's, Jawarnings. Now, two years later, Jazz is	divorced. His parents agreed to maintain jo azz was caught shoplifting twice over the condunteering in the community and earning rent bounce back from a period of unlawfund	ourse of six months and let go with two g good grades in school. In the context
a. mesosystem		
b. exosystem		
c. chronosystem		
d. macrosystem		

Name:	Class:	Date:
Chapter 01: History, Theories, and M	ethods	
ANSWER: c		
74. The perspective that addresses the a. biological perspective b. ecological perspective c. genetic perspective d. sociocultural perspective	effects of human diversity on people is the $_$	·
ANSWER: d		
	pective on human development that emphas college student is most likely studying the	
b. children learn only through a cor	organize the child's learning experiences. mplex interaction of rewards and punishmen s and need to be rigidly instructed to obtain of	
a. emphasize the joint contributionb. suggest that one's genetic endox	ive developmental theory and Vygotsky's socials of nature and nurture to one's development when the determines one's ideas, preferences, nes one's ideas, preferences, and skills.	nt.
78. In the context of the nature-nurture a. heredity b. nutrition c. culture d. environment ANSWER: a	e controversy, nature refers to the influence of	of
79. The nature–nurture debate is conce a. question of why genes are more	erned with the influential in development than environmen it is more important in development than evo	

c. relationship between heredity and environmental influences on human development.

Name:	Class:	Date:
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Chapter 01: History, Theories, and Methods

d. relationship between heredity and how genes are expressed through maturation.

ANSWER: c

- 80. The major limitation of correlational information is that it:
 - a. can only be used with nonhuman (animal) participants.
 - b. may not always yield correct results.
 - c. cannot be used to determine cause-and-effect relationships between variables.
 - d. gives the researcher so much control over the variables that the results can be easily manipulated.

ANSWER: c

- 81. Earl is a nutritionist and he is writing a paper on what 13-year-olds eat today compared with what they used to eat as 4-year-olds. Earl monitors the food intake every day of a 4-year-old child by asking relatives and teachers for information about the child's diet. Earl compiles data over nine years. Which method of gathering information does Earl use?
 - a. A survey
 - b. A naturalistic
 - c. A case study
 - d. An experiment

ANSWER: c

- 82. Dr. Manquero forms a hypothesis that ingesting chocolate prior to an exam will improve exam performance. She gives the experimental group chocolate and does not give the control group anything. She then gives the participants an exam. In this experiment, which of the following is the dependent variable?
 - a. The time the chocolate is consumed
 - b. The time the exam is taken
 - c. The performance on the exam
 - d. The amount of chocolate consumed

ANSWER: c

- 83. Dr. Lau carries out a study with a hypothesis that caffeine enhances performance in sports. He lets the experimental group consume 100 mg of caffeine and does not give any caffeine to the control group. He then makes the participants sprint for two minutes. In this experiment, which of the following is the independent variable?
 - a. The time between when the caffeine was consumed and the start of the sprint
 - b. The consumption of caffeine
 - c. The performance on the sprint
 - d. The duration of the sprint

ANSWER: b

- 84. An experimental group
 - a. consists of subjects who receive treatment in an experiment.
 - b. is involved in the frequent manipulation of all conditions in an experiment.
 - c. consists of those subjects who do not receive treatment in an experiment.
 - d. is involved in only correlational research in an experiment.

CLICK HERE TO ACCESS	THE COMPLETE Test Bank	
Name:	Class:	_Date:
Chapter 01: History, Theories, and Methods		
ANSWER: a		
85. The purpose of having random assignment in an expe a. prevents subjects from knowing of which experime b. provides ethical reasons for being in an experimen c. makes sure that the results are caused by the treat d. determines how the subjects will behave in the experimental	ental group they are a member. t. tment.	
86. Which of the following circumstances would make a rank. When the use of human participants would be conducted by the use of human participants would require case. When the researcher would be forced to keep a human data. When the use of other animals would be cheaper to ANSWER:	sidered unethical e deception on the part of the researche uman participant's identity confidential	er
87. The type of research study in which the same people	•	changes in

- development, such as gains in height or changes in mental abilities, are recorded is known as ______.
 - a. longitudinal research
 - b. cross-sectional research
 - c. adaptive clinical research
 - d. correlational research

ANSWER: a

- 88. What is the name of one of the methods combined in cross-sequential research that involves taking measures of participants of the same age group at different times?
 - a. The cohort effect
 - b. A time lag
 - c. A standardized test
 - d. The correlational coefficient

ANSWER: b

- 89. Cross-sequential research combines the longitudinal and cross-sectional methods so that
 - a. the study can last for the participants' entire lifetime.
 - b. it can produce the desired cohort effects.
 - c. many of their individual drawbacks are overcome.
 - d. it eliminates ethical problems and can be considered an effective research method.

ANSWER: c

- 90. The most important reason for having ethical guidelines about how research must be conducted is that
 - a. following such guidelines guarantees publication of one's results.
 - b. these guidelines protect the welfare of the research participants.
 - c. following these guidelines guarantee researchers grants and other sources of external funding.

Name:	Class:	Date:
Chapter 01: History, Theories, and Method	<u>ls</u>	
d. these guidelines eliminate hurdles and	shorten the process of research.	
ANSWER: b	·	
91. John Locke suggested that a child came in	to the world as	
a. innately good		
b. a tabula rasa		
c. innately evil		
d. a genetic product		
ANSWER: b		
92. The process of restoring cognitive harmor	ny when something that does not fit exist	ing schemes is known as
a. a fixed action pattern.		
b. scaffolding.		
c. zoning in on proximal development.		
d. equilibration.		
ANSWER: d		
93. According to Freud, our biological drives a	are represented by the	
a. superego		
b. id		
c. ego		
d. subconscious		
ANSWER: b		
94. The most obvious applications of information	tion processing occur in the field of	·
a. medicine		
b. teaching		
c. engineering		
d. manufacturing		
ANSWER: b		
95. A "releasing stimulus" evokes stereotyped	d patterns of behavior, also known as	·
a. learned behavioral tendencies		
b. fixed action patterns		
c. mnemonics		
d. survival mechanisms		
ANSWER: b		
96. Cross-cultural studies examine children's i	interactions with their	
a. mesosystem		
b. exosystem		

Name:		Class:	Date:
Chapter 01	: History, Theories, and Methods	<u>.</u>	
c. macı	rosystem		
d. micr	osystem		
ANSWER:	С		
97. The con	cept emphasized by the sociocultu	ral perspective is	<u>.</u> .
a. reinf	orcement		
b. struc	tural accommodation		
c. ethn	icity		
d. life c	risis		
ANSWER:	С		
98. The the	orist that is most closely associated	I with the sociocultural perspective is	5
a. Jean	Piaget		
b. Urie	Bronfenbrenner		
c. Lev \	/ygotsky		
d. Erik	Erikson		
ANSWER:	С		
-		s sorting out the influences of heredi	ty and environment. This controversy
	the		
	e-passive controversy		
	inuity-discontinuity controversy		
	re-nurture controversy		
	iological-psychological controversy		
ANSWER:	С		
strength of	the relationship between two varia		e direction (positive or negative) and
a. cova	riance coefficient		
b. corre	elation coefficient		
c. maxi	mum-likelihood coefficient		
d. recip	rocal correlation		
ANSWER:	b		
Essay			
101. Descril	pe the three parts of personality as	theorized by Freud.	
ANSWER:	present at birth and is unconsciou	d three parts of the personality: the i us. It represents biological drives and e ego, or the conscious sense of self,	demands instant gratification, as

learn to obtain gratification consciously, without screaming or crying. The ego curbs the appetites of the id and makes plans that are in keeping with social conventions so that a person can find gratification but avoid social disapproval. The superego develops throughout infancy and early childhood. It brings inward the

wishes and morals of the child's caregivers and other members of the community.

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	Name:	Class:	Date:
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Chapter 01: History, Theories, and Methods

102. Discuss Erik Erikson's theory of psychosocial development.

ANSWER: Answers will vary. Erik Erikson (1902–1994) modified Freud's theory and extended it through the adult years. Erikson's theory, like Freud's, focuses on the development of the emotional life and psychological traits, but Erikson focuses on social relationships rather than sexual or aggressive instincts. Therefore, Erikson speaks of psychosocial development rather than of psychosocxual development. Furthermore, Erikson places greater emphasis on the ego, or the sense of self. Erikson (1963) extended Freud's five stages to eight to include the concerns of adulthood. Rather than label his stages after parts of the body, Erikson labeled them after the life crisis that people might encounter during that stage.

103. Describe two solutions that use operant conditioning for improving a child's grades in school.

ANSWER: Answers will vary. In this scenario, operant conditioning can be applied using either reinforcement or punishment. For example, a child who earns good grades in school may have their behavior reinforced by receiving extra privileges, such as extended television time or a trip to an amusement park. These situations most closely reflect instances of positive reinforcement, in that the child receives a desired stimulus in order to facilitate better performance in school. A child who performs poorly in school, by contrast, may experience punishment in the form of reduced television time. This would be an example of negative punishment, since in this case, a desired stimulus is removed in order to reduce the incidence of poor academic performance.

104. Describe the key concepts in Vygotsky's sociocultural theory.

ANSWER: Answers will vary. The key concepts in Vygotsky's theory include the zone of proximal development and scaffolding. The zone of proximal development (ZPD) refers to a range of tasks that a child can carry out with the help of someone who is more skilled, as in an apprenticeship. In Vygotsky's theory, teachers and parents provide children with problem-solving methods that serve as cognitive scaffolding while the child gains the ability to function independently.

105. Discuss the importance of evolutionary psychology in studying human development.

ANSWER: Answers will vary. The field of evolutionary psychology studies the ways in which adaptation and natural selection are connected with mental processes and behavior. One of the concepts of evolutionary psychology is that not only physical traits but also patterns of behavior, including social behavior, evolve and are transmitted genetically from generation to generation. In other words, behavior patterns that help an organism to survive and reproduce are likely to be transmitted to the next generation. Such behaviors are believed to include aggression, strategies of mate selection, even altruism—that is, self-sacrifice of the individual to help perpetuate the family group.

106. Discuss the importance of studying human diversity to students.

ANSWER: Answers will vary. Studying diversity is also important so that students have appropriate educational experiences. To teach students and guide their learning, educators need to understand children's family values and cultural expectations. Issues that affect people from various ethnic groups include bilingualism, ethnic differences in intelligence test scores, the prevalence of suicide among members of different backgrounds, and patterns of child-rearing among parents of various groups.

107. Describe the three controversies in human development.

ANSWER: Answers will vary. The following are the main controversies: (1) nature versus nurture, (2) continuity versus discontinuity, and (3) active versus passive. The nature versus nurture controversy is not as much a controversy as it is a debate. The issue is to delineate how much and what aspects of development are due

Name. Gass. Date.	Name:	Class:	Date:
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Chapter 01: History, Theories, and Methods

to genetic influences and which are due to environmental influences. The issue of continuity or discontinuity concerns the orderliness and linearity of human development. Continuity theories assume that development is steady, gradual, stage-like, and sequential. Discontinuity theories stress individual differences in development and that development involves both gains and losses. The active versus passive controversy focuses on how big a role the child plays in their own development. Theorists, such as Freud, seemed to think that development was something that happened to children (passive), while Piaget stressed the active role children take in their own cognitive development.

108. Discuss the influence of heredity and environment on human behavior.

ANSWER: Answers will vary. Today, though, nearly all researchers agree that nature (heredity) and nurture (environment) play important roles in nearly every area of development. Language is based in structures found in certain areas of the brain. Thus, biology (nature) plays a vital role. Children also come to speak the languages spoken by their caretakers. Parent—child similarities in accent and vocabulary provide additional evidence for the role of learning (nurture) in language development.

109. Describe the naturalistic-observation studies method for studying development.

ANSWER: Answers will vary. Naturalistic-observation studies are conducted in "the field," that is, in the natural, or real-life, settings in which they happen. In field studies, investigators observe the natural behavior of children in settings such as homes, playgrounds, and classrooms and try not to interfere with it.

Researchers may try to "blend into the woodwork" by sitting quietly in the back of a classroom or by observing the class through a one-way mirror.

110. Describe the case-study method for studying development.

ANSWER: Answers will vary. The case study is a carefully drawn account of the behavior of an individual. Parents who keep diaries of their children's activities are involved in informal case studies. Case studies themselves often use a number of different kinds of information. In addition to direct observation, case studies may include questionnaires, standardized tests, and interviews. Information gleaned from public records may be included. Scientists who use the case-study method try to record all relevant factors in a person's behavior, and they are cautious in drawing conclusions about what leads to what.

111. Discuss the limitations of Correlational information?

ANSWER: Answers will vary. Correlational information can reveal relationships between variables, but it does not show cause and effect. It may seem logical to assume that exposure to violent media makes people more aggressive, but it may also be that more aggressive people choose violent media. This research bias is termed a *selection factor*. Similarly, studies report that children (especially boys) in divorced families tend to show more behavioral problems than children in intact families. These studies, however, do not show that divorce causes these adjustment problems.

112. Define the longitudinal research method. Explain the major drawbacks of the longitudinal research method.

ANSWER: Answers will vary. In longitudinal research, the same people are observed repeatedly over time, and changes in development, such as gains in height or changes in mental abilities, are recorded. Longitudinal studies have drawbacks. For example, it can be difficult to enlist volunteers to participate in a study that will last a lifetime. Many subjects fall out of touch as the years pass; others die. The researchers must be patient or arrange to enlist future generations of researchers.

113. Discuss the challenge presented to cross-sectional research by the cohort effect.

ANSWER: Answers will vary. A major challenge to cross-sectional research is the cohort effect. A cohort is a group of

Name:	Class:	Date:
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Chapter 01: History, Theories, and Methods

people born at about the same time. As a result, they experience cultural and other events unique to their age group. In other words, children and adults of different ages are not likely to have shared similar cultural backgrounds.

114. Discuss the benefits of cross-sequential research.

ANSWER: Answers will vary. Cross-sequential research combines the longitudinal and cross-sectional methods so that many of their individual drawbacks are overcome. In the cross-sequential study, the full span of the ideal longitudinal study is broken up into convenient segments. Cross-sequential research combines three methods: cross-sectional, longitudinal, and time lag.

115. Discuss the ethical considerations that researchers must consider while carrying out research on human development.

ANSWER: Answers will vary. Researchers adhere to ethical standards that are intended to promote the dignity of the individual, foster human welfare, and maintain scientific integrity. These standards also ensure that they do not use methods or treatments that harm subjects:

- Researchers are not to use methods that may do physical or psychological harm.
- Participants (and parents, if participants are minors) must be informed of the purposes of the research and about the research methods.
- Participants must provide voluntary consent to participate in the study.
- Participants may withdraw from the study at any time, for any reason.
- Participants should be offered information about the results of the study.
- The identities of the participants are to remain confidential.
- Researchers should present their research plans to a committee of their colleagues and gain the committee's approval before proceeding.

These guidelines present researchers with a number of hurdles to overcome before proceeding with and while conducting research, but because they protect the welfare of participants, the guidelines are valuable.