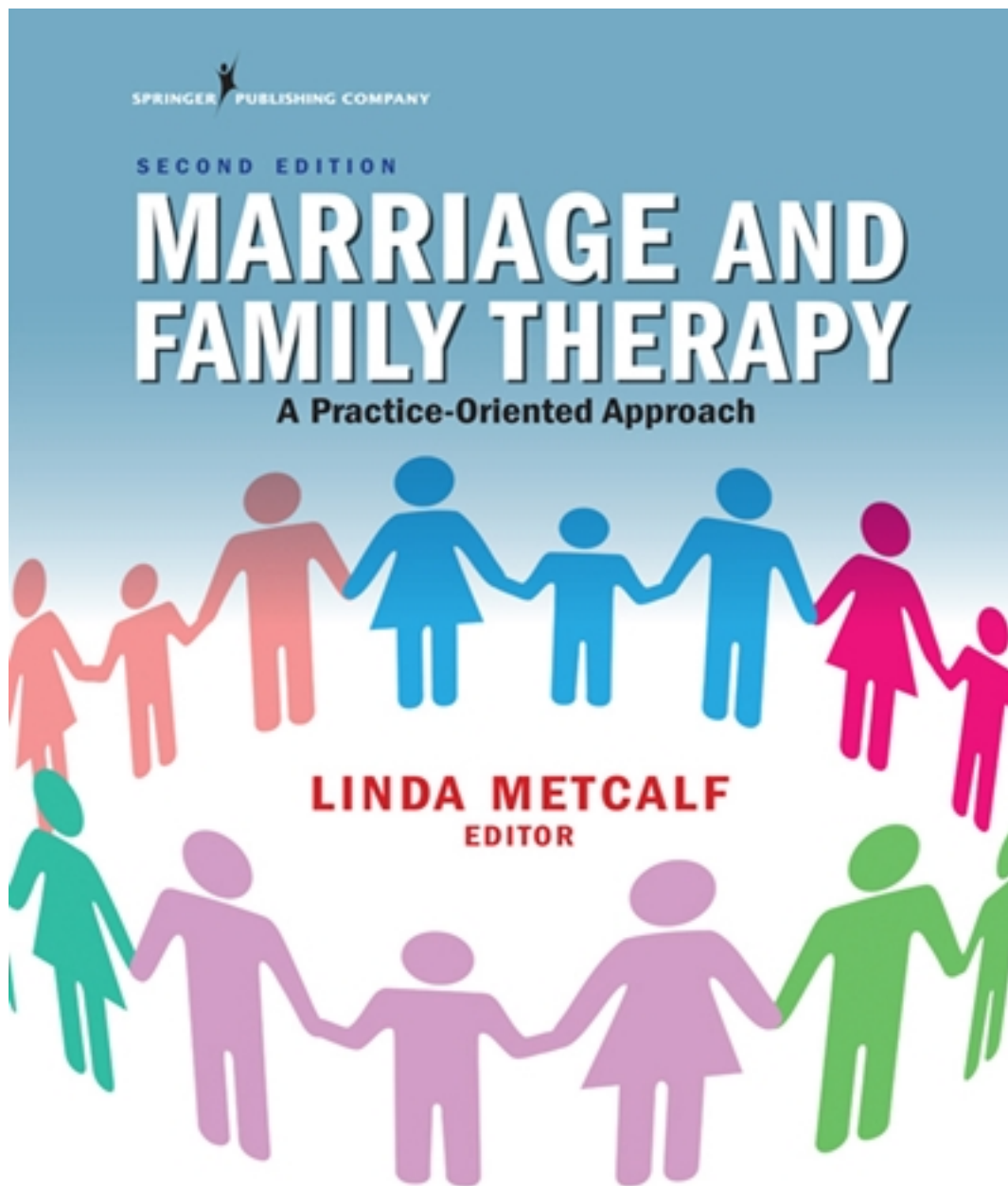


Test Bank for Marriage and Family Therapy A Practice-Oriented Approach 2nd Edition by Metcalf

[CLICK HERE TO ACCESS COMPLETE Test Bank](#)



Test Bank

Test Bank for

**MARRIAGE AND
FAMILY THERAPY**
A Practice-Oriented Approach
Second Edition

Linda Metcalf, PhD, LPC-S, LMFT-S, CSC

Editor

 **SPRINGER PUBLISHING COMPANY**

ISBN: 978-0-8261-6128-4

Copyright © 2019 Springer Publishing Company, LLC

All rights reserved.

This work is protected by U.S. copyright laws and is provided solely for the use of instructors in teaching their courses and as an aid for student learning. No part of this publication may be sold, reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without the prior permission of Springer Publishing Company, LLC.

Springer Publishing Company, LLC
11 West 42nd Street
New York, NY 10036
www.springerpub.com

ISBN: 978-0-8261-6128-4

The author and the publisher of this Work have made every effort to use sources believed to be reliable to provide information that is accurate and compatible with the standards generally accepted at the time of publication. The author and publisher shall not be liable for any special, consequential, or exemplary damages resulting, in whole or in part, from the readers' use of, or reliance on, the information contained in this book. The publisher has no responsibility for the persistence or accuracy of URLs for external or third-party Internet websites referred to in this publication and does not guarantee that any content on such websites is, or will remain, accurate or appropriate.

1. The concept of balance of fairness is synonymous with which theory?
 - a. transgenerational
 - b. strategic
 - *c. contextual
 - d. constructivist

2. The _____ school of family therapy views resistance as what occurs when a therapist fails to adapt to what the family needs in therapy.
 - *a. solution focused
 - b. structural
 - c. experiential
 - d. Mental Research Institute (MRI)

3. Teams of observers positioned behind a one-way mirror are most commonly used by _____ family therapists.
 - a. experiential
 - b. behavioral
 - c. Bowenian
 - *d. Milan

4. Who is generally considered the “father of general systems theory”?
 - a. Carl Sagan
 - b. Noam Chomsky
 - c. Milton Erickson
 - *d. Ludwig von Bertalanffy

5. In Bowen’s model, performing an assessment by interviewing one partner at a time is
 - a. a good method of bringing out family secrets
 - b. a way to reduce conflict between partners
 - *c. a method for preventing marital conflict from interfering with the assessment process
 - d. standard procedure

6. According to narrative therapy, by maintaining a dominant story of their problems, family members fail to see _____ in their problems.
 - a. the paradox in
 - b. their contributions to
 - *c. unique outcomes
 - d. underlying causes of

7. A family enters therapy because the five year old is uncontrollable and has been diagnosed as being autistic. The recommended approach for treating the family is
 - a. Milan systemic
 - b. structural
 - *c. psychoeducational
 - d. solution focused

8. When first starting out with a family in therapy, it is important to
 - a. speak mostly to the person who made the initial call as he or she is the member who can get the family to each session and is the most helpful
 - b. allow family members to interrupt one another, as you want to be careful not to offend anyone
 - c. plan a specific strategy in which you decide where each member should sit so that you can avoid the family escalating into a fight
 - *d. adjust your style to the family's, paying close attention to both verbal and nonverbal cues as you attempt to engage with each member of the family

9. The theory that sees the therapist's use of self as central to the assessment process is
 - a. structural
 - b. transgenerational
 - *c. experiential
 - d. Milan systemic

10. The effort to create anxiety in the large system is the goal of
 - a. Bowen
 - b. Minuchin
 - *c. Whitaker
 - d. Framo

11. Which of the following best defines homeostasis?
 - a. a concept that posits that in the end all things are the same.
 - *b. a term that addresses the tendency for all systems to gravitate toward remaining the same over time.
 - c. a concept identifying the particular distinctions between homosapiens and other biological systems.
 - d. a concept that speaks to the ripple effect in systems.

12. Compared to Mental Research Institute (MRI) brief therapy, experiential is
 - *a. more reliant upon the therapist's personal feelings
 - b. the preferred approach when working with idiosyncratic clients
 - c. more easily described as a set of procedures
 - d. a foundation upon which the Milan school created their approach

13. Symptom relief is a lesser goal of which school?
 - *a. Bowen
 - b. strategic
 - c. Mental Research Institute (MRI)
 - d. structural

14. The multicultural framework encourages therapists to speak with families about their
 - a. ethnicity
 - b. culture
 - *c. ethnicity, education, and religion
 - d. race