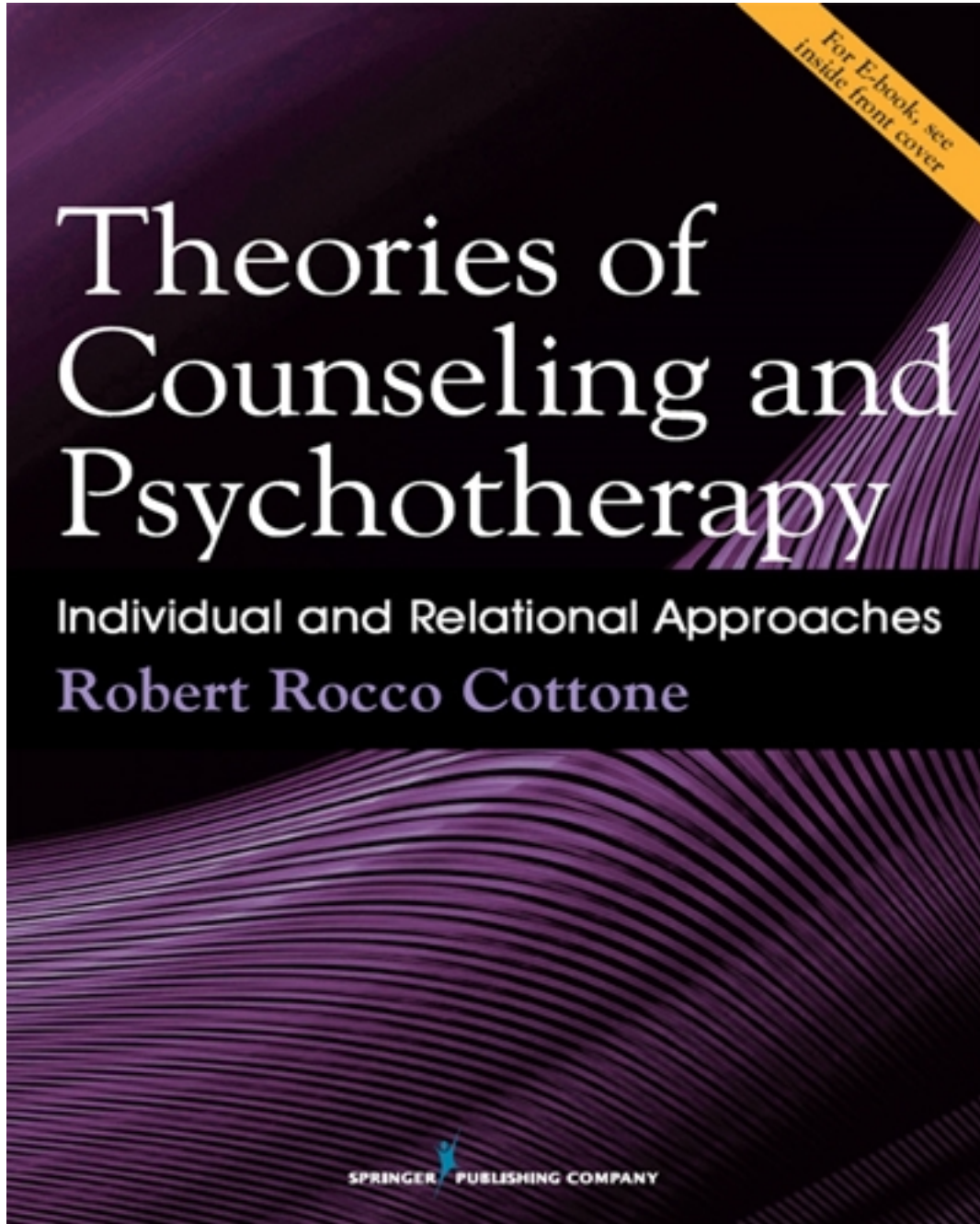


Test Bank for Theories of Counseling and Psychotherapy
Individual and Relational Approaches 1st Edition by
Cottone

[CLICK HERE TO ACCESS COMPLETE Test Bank](#)



Test Bank

Test Bank for

THEORIES OF COUNSELING AND PSYCHOTHERAPY: INDIVIDUAL AND RELATIONAL APPROACHES

Robert Rocco Cottone, PhD

Copyright © 2018 Springer Publishing Company, LLC

All rights reserved.

This work is protected by U.S. Copyright laws. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without the prior permission of Springer Publishing Company, LLC, except for educational purposes. Dissemination or sale of any part of this work is not permitted.

Springer Publishing Company, LLC

11 West 42nd Street

New York, NY 10036

www.springerpub.com

ISBN: 978-0-8261-7229-7

The author and the publisher of this Work have made every effort to use sources believed to be reliable to provide information that is accurate and compatible with the standards generally accepted at the time of publication. The author and publisher shall not be liable for any special, consequential, or exemplary damages resulting, in whole or in part, from the readers' use of, or reliance on, the information contained in this book. The publisher has no responsibility for the persistence or accuracy of URLs for external or third-party Internet websites referred to in this publication and does not guarantee that any content on such websites is, or will remain, accurate or appropriate.

CONTENTS

Chapter 1	4
Chapter 2	Error! Bookmark not defined.
Chapter 3	Error! Bookmark not defined.
Chapter 4	Error! Bookmark not defined.
Chapter 5	Error! Bookmark not defined.
Chapter 6	Error! Bookmark not defined.
Chapter 7	Error! Bookmark not defined.
Chapter 8	Error! Bookmark not defined.
Chapter 9	Error! Bookmark not defined.
Chapter 10	Error! Bookmark not defined.
Chapter 11	Error! Bookmark not defined.
Chapter 12	Error! Bookmark not defined.
Chapter 13	Error! Bookmark not defined.
Chapter 14	Error! Bookmark not defined.
Chapter 15	Error! Bookmark not defined.
Chapter 16	Error! Bookmark not defined.
Chapter 17	Error! Bookmark not defined.

CHAPTER 1

MULTIPLE CHOICE

1. Counseling (or psychotherapy) involves:

- A. A trained professional
- B. A client
- C. Use of professional knowledge
- D. All of the above
- E. B and C, but not A

ANS: D

2. Which of the following is true? A theory of counseling or psychotherapy:

- A. Is an intellectual model
- B. Provides a “focus of study” for the counselor
- C. Outlines activities for the counselor to examine and to evaluate the client
- D. All of the above are true

ANS: D

3. Which of the following has been shown to be powerful at producing healthy outcomes in treatment?

- A. Counselor interpersonal manipulation skill
- B. Uncommon factors
- C. Deviance control
- D. Therapeutic alliance

ANS: D

4. What ethical principles are important to prevent exploitation of clients?

- A. Non-maleficence
- B. Beneficence
- C. Veracity
- D. Fidelity (loyalty)
- E. All of the above

ANS: E

5. Who is the psychiatrist who challenged his own profession by arguing that mental illness was a myth?
- A. Freud
 - B. Adler
 - C. Stein
 - D. Rush
 - E. None of the above

ANS: E