

*Test Bank for Gerontology for the
Health Care Professional 4th Edition by
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Multiple Choice

1. The economic status of older people:
- A. is extremely varied.
 - B. is dire across the board.
 - C. has declined significantly over the past 50 years.
 - D. has risen significantly over the past decade.

Answer: A

Complexity: Easy

Ahead: Economic Status

Subject: Chapter 01

Title: Age Matters: Profiles of an Aging Society

2. The most common chronic condition among non-institutionalized older people in the USA is:
- A. diabetes.
 - B. cancer.
 - C. hypertension (uncontrolled).
 - D. arthritis.

Answer: C

Complexity: Easy

Ahead: Health Status

Subject: Chapter 01

Title: Age Matters: Profiles of an Aging Society

3. Older adults who become long-term residents of nursing homes will, on average, spend all of their savings and assets within:
- A. 1 month.
 - B. 1 year.
 - C. 3 years.
 - D. a decade.

Answer: B

Complexity: Easy

Ahead: Caregivers

Subject: Chapter 01

Title: Age Matters: Profiles of an Aging Society

4. Which country had the oldest population in 2017?

- A. United States
- B. Japan
- C. China
- D. Germany

Answer: B

Complexity: Easy

Ahead: Global Aging

Subject: Chapter 01

Title: Age Matters: Profiles of an Aging Society

5. The major source of income for majority of older adults is:

- A. private pensions.
- B. Social Security.
- C. earnings.
- D. dividends from stocks and bonds.

Answer: B

Complexity: Easy

Ahead: Economic Status

Subject: Chapter 01

Title: Age Matters: Profiles of an Aging Society

6. The level at which a person can perform is considered his or her _____ age.

- A. chronological
- B. social
- C. numerical
- D. functional

Answer: D

Complexity: Easy

Ahead: Introduction

Subject: Chapter 01

Title: Age Matters: Profiles of an Aging Society

7. A person who is 68 years old would fall into which age grouping?

- A. Old
- B. Young-old

- C. Old-old
- D. Centenarian

Answer: A

Complexity: Moderate

Ahead: Introduction

Subject: Chapter 01

Title: Age Matters: Profiles of an Aging Society

8. What is the median age of the entire world population?

- A. 22 years
- B. 30 years
- C. 46 years
- D. 51 years

Answer: B

Complexity: Easy

Ahead: Global Aging

Subject: Chapter 01

Title: Age Matters: Profiles of an Aging Society

9. Which of these people from the United States is considered to be a member of the baby boom generation?

- A. Charlie, who was born in 1932
- B. April, who was born in 1941
- C. Steven, who was born in 1952
- D. Kelly, who was born in 1968

Answer: C

Complexity: Moderate

Ahead: Global Aging

Subject: Chapter 01

Title: Age Matters: Profiles of an Aging Society

10. About _____ of persons in the United States who are infected with HIV are older than age 50.

- A. 20%
- B. 35%
- C. 40%
- D. 50%

Answer: D
Complexity: Easy
Ahead: Global Aging
Subject: Chapter 01
Title: Age Matters: Profiles of an Aging Society

11. Mass migration during times of war and political unrest can have a significant economic and social impact on:

- A. the departure country only.
- B. the arrival country only.
- C. both the departure and arrival countries.
- D. neither the departure country nor the arrival country.

Answer: C
Complexity: Moderate
Ahead: Global Aging
Subject: Chapter 01
Title: Age Matters: Profiles of an Aging Society

12. According to the 2016 U.S. Census, which state had the oldest population?

- A. Maine
- B. Florida
- C. Utah
- D. Texas

Answer: A
Complexity: Easy
Ahead: Aging in the United States
Subject: Chapter 01
Title: Age Matters: Profiles of an Aging Society

13. One common reason that older adults migrate to new regions of the country is to:

- A. pursue a new job opportunity.
- B. live in a cooler, moister climate.
- C. distance themselves from relatives.
- D. live in a community with a lower cost of living.

Answer: D
Complexity: Easy

Ahead: Aging in the United States
Subject: Chapter 01
Title: Age Matters: Profiles of an Aging Society

14. A snowbird is someone who:
- A. migrates south only for the winter.
 - B. moves south permanently.
 - C. migrates north only for the winter.
 - D. moves north permanently.

Answer: A
Complexity: Easy
Ahead: Aging in the United States
Subject: Chapter 01
Title: Age Matters: Profiles of an Aging Society

15. Using the federal poverty level as an income baseline, middle income adults have an income that is:
- A. 50–75% below the poverty level.
 - B. 100–199% above the poverty level.
 - C. 200–399% above the poverty level.
 - D. at least 400% above the poverty level.

Answer: C
Complexity: Moderate
Ahead: Economic Status
Subject: Chapter 01
Title: Age Matters: Profiles of an Aging Society

16. The term _____ refers to the total number of cases of a chronic health condition or communicable disease reported.
- A. incidence
 - B. prevalence
 - C. longevity
 - D. lifespan

Answer: B
Complexity: Easy
Ahead: Health Status
Subject: Chapter 01

Title: Age Matters: Profiles of an Aging Society

17. Which group of people experienced the highest percentage of cases of hypertension in 2014?

- A. Blacks
- B. Hispanics
- C. Whites
- D. Asians

Answer: A

Complexity: Moderate

Ahead: Health Status

Subject: Chapter 01

Title: Age Matters: Profiles of an Aging Society

18. Which type of functional limitation had the highest prevalence rate for both sexes and all races in 2014?

- A. Cognition
- B. Vision
- C. Mobility
- D. Hearing

Answer: C

Complexity: Easy

Ahead: Health Status

Subject: Chapter 01

Title: Age Matters: Profiles of an Aging Society

19. Historically, _____ men and women have been least likely to receive an influenza inoculation.

- A. white
- B. Asian
- C. Hispanic
- D. black

Answer: D

Complexity: Easy

Ahead: Health Status

Subject: Chapter 01

Title: Age Matters: Profiles of an Aging Society

20. Why do older adults frequently rate their health as better than the people around them?
- A. They feel that they do not have any significant health problems.
 - B. They are self-conscious and do not want to be viewed as weak.
 - C. They tend to compare their functional abilities with those of other people their age.
 - D. They feel healthier at their advanced age than they were when they were younger.

Answer: C

Complexity: Moderate

Ahead: Health Status

Subject: Chapter 01

Title: Age Matters: Profiles of an Aging Society

21. Which of the following is an example of an instrumental activity of daily living?
- A. Housework
 - B. Eating
 - C. Bathing
 - D. Toileting

Answer: A

Complexity: Moderate

Ahead: Health Status

Subject: Chapter 01

Title: Age Matters: Profiles of an Aging Society

22. In the majority of cases, informal caregivers tend to be:
- A. females caring for a female relative.
 - B. females caring for a male relative.
 - C. males caring for a female relative.
 - D. males caring for a male relative.

Answer: A

Complexity: Moderate

Ahead: Caregivers

Subject: Chapter 01

Title: Age Matters: Profiles of an Aging Society

23. Informal caregivers for persons with dementia provide, on average, _____ hours of service per day of care.

- A. 4
- B. 6
- C. 9
- D. 12

Answer: C

Complexity: Easy

Ahead: Caregivers

Subject: Chapter 01

Title: Age Matters: Profiles of an Aging Society

24. What was the leading cause of death among U.S. adults aged 65 years or older in 2014?

- A. Cancer
- B. Stroke
- C. Unintentional injury
- D. Heart disease

Answer: D

Complexity: Easy

Ahead: Death

Subject: Chapter 01

Title: Age Matters: Profiles of an Aging Society

25. Which is a component of hedonic well-being?

- A. Life satisfaction
- B. Sense of purpose
- C. Stress level
- D. Life meaning

Answer: C

Complexity: Moderate

Ahead: Aging Successfully

Subject: Chapter 01

Title: Age Matters: Profiles of an Aging Society