

*Test Bank for McKenzie's An
Introduction to Community & Public
Health 11th Edition by Seabert,
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Chapter: Chapter 01 - Quiz

Multiple Choice

1. The beginning of government's major involvement in social issues, including health, was marked by:
- A) the Social Security Act of 1935.
 - B) the establishment of Medicare in 1965.
 - C) U.S. involvement in World War II.
 - D) the Hill-Burton Act in 1946.

Ans: A

Complexity: Moderate

Ahead: A History of Community and Public Health

Subject: Chapter 1

Title: Community and Public Health: Yesterday, Today, and Tomorrow

Feedback: The Social Security Act of 1935 marked the beginning of the government's major involvement in social issues, including health. This legislation provided substantial support for state health departments and their programs, such as maternal and child health and sanitary facilities.

2. The first professional preparation program for health educators began during which period of the twentieth century?

- A) Reform phase
- B) The 1920s
- C) World War II
- D) Period of social engineering

Ans: B

Complexity: Difficult

Ahead: A History of Community and Public Health

Subject: Chapter 1

Title: Community and Public Health: Yesterday, Today, and Tomorrow

Feedback: Thomas D. Wood, MD, began the first professional preparation program for health education specialists at Columbia University in 1922.

3. The Shattuck report marked the beginning of the:

- A) health resource development period.
- B) eighteenth century.
- C) modern era of public health.
- D) implementation of *Healthy People 2030* efforts.

Ans: C

Complexity: Difficult

Ahead: A History of Community and Public Health

Subject: Chapter 1

Title: Community and Public Health: Yesterday, Today, and Tomorrow

Feedback: Although some of the recommendations contained within the Shattuck report took years to implement, the significance of Shattuck's report is such that 1850 is a key date in American public health; it marks the beginning of the modern era of public health.

4. Actions that society takes collectively to ensure that the conditions in which people can be healthy can occur is termed:

- A) public health.
- B) community health.
- C) health.
- D) population health.

Ans: A

Complexity: Moderate

Ahead: Introduction

Subject: Chapter 1

Title: Community and Public Health: Yesterday, Today, and Tomorrow

Feedback: The Institute of Medicine (IOM) defined public health in 1988 in its landmark report *The Future of Public Health* as "what we as a society do collectively to assure the conditions in which people can be healthy."

5. Twenty-first century American community health concerns include:

- A) lifestyle diseases.
- B) environmental problems.
- C) healthcare delivery.
- D) All of these are correct.

Ans: D

Complexity: Moderate

Ahead: A History of Community and Public Health

Subject: Chapter 1

Title: Community and Public Health: Yesterday, Today, and Tomorrow

Feedback: The four leading causes of death as we enter the third decade of the twenty-first century can be attributed to lifestyle factors. Millions of Americans live in communities with unsafe air and water and exposure to solid waste. High national healthcare expenditures continue to be an issue that needs to be addressed.

6. The goal of the Hill-Burton Act in 1946 was to enhance the quality of:

- A) hospitals.
- B) health departments.
- C) Medicare.
- D) the military.

Ans: A

Complexity: Difficult

Ahead: A History of Community and Public Health

Subject: Chapter 1

Title: Community and Public Health: Yesterday, Today, and Tomorrow

Feedback: The Hill-Burton Act sought to improve the distribution of medical care and to enhance the quality of hospitals.

7. Which of the following is *not* one of the ten great public health achievements worldwide from 2001-2010?

- A) Malaria prevention and control
- B) Reduction in alcohol use disorder and other drug addictions
- C) Tuberculosis control
- D) Increased awareness and response for improving global road safety

Ans: B

Complexity: Difficult

Ahead: A History of Community and Public Health

Subject: Chapter 1

Title: Community and Public Health: Yesterday, Today, and Tomorrow

Feedback: While great progress was made in many areas of public health worldwide, addiction rates have not declined significantly and some addiction rates have increased.

True/False

1. True or False? Physical factors affecting community health include geography, community size, and industrial development.

Ans: True

Complexity: Easy

Ahead: Introduction

Subject: Chapter 1

Title: Community and Public Health: Yesterday, Today, and Tomorrow

Feedback: A community's altitude, latitude, climate, population, and industrial development influence the types of health problems its populace faces and the resources available to manage them.

2. True or False? Government health agencies began being created as a response to epidemics and mounting health problems in the latter part of the eighteenth century.

Ans: True

Complexity: Moderate

Ahead: A History of Community and Public Health

Subject: Chapter 1

Title: Community and Public Health: Yesterday, Today, and Tomorrow

Feedback: The Marine Hospital Service (forerunner to the U.S. Public Health Service) was founded in 1798. By 1799, several of America's largest cities had municipal boards of health.

3. True or False? The leading causes of death in the United States today are communicable diseases.

Ans: False

Complexity: Moderate

Ahead: A History of Community and Public Health

Subject: Chapter 1

Title: Community and Public Health: Yesterday, Today, and Tomorrow

Feedback: The leading causes of death in the United States today are chronic illnesses. The four leading causes of death are heart disease, cancer, unintentional injuries, and chronic lower respiratory diseases.

4. True or False? A community is a group of people who have common characteristics.

Ans: True

Complexity: Easy
Ahead: Introduction
Subject: Chapter 1

Title: Community and Public Health: Yesterday, Today, and Tomorrow

Feedback: A community is defined as a collective body of individuals identified by common characteristics such as geography, interests, experiences, concerns, or values.

5. True or False? There has been no evidence of community health activities dating back over 1,000 years.

Ans: False

Complexity: Easy

Ahead: A History of Community and Public Health

Subject: Chapter 1

Title: Community and Public Health: Yesterday, Today, and Tomorrow

Feedback: Excavations at sites dating from about 2000 BCE have uncovered archaeological evidence of community health activities.

6. True or False? Upton Sinclair's book *The Jungle* drew attention to the plight of immigrants in the meatpacking industry.

Ans: True

Complexity: Moderate

Ahead: A History of Community and Public Health

Subject: Chapter 1

Title: Community and Public Health: Yesterday, Today, and Tomorrow

Feedback: *The Jungle* inspired greater governmental regulation of the food industry and a reform movement that involved social, moral, and health issues.

7. True or False? Individuals with lower socioeconomic status have poorer health status.

Ans: True

Complexity: Easy

Ahead: A History of Community and Public Health

Subject: Chapter 1

Title: Community and Public Health: Yesterday, Today, and Tomorrow

Feedback: Individuals in lower socioeconomic status groups, regardless of other characteristics, have poorer health status.

8. True or False? Choosing to eat wisely, wearing a seat belt, and visiting the physician are examples of community/public health activities.

Ans: False

Complexity: Moderate

Ahead: Introduction

Subject: Chapter 1

Title: Community and Public Health: Yesterday, Today, and Tomorrow

Feedback: These activities are an example of personal health activities; they may be preventive or curative in nature at the individual level but are not aimed at protecting or improving the health of a population or community.

9. True or False? Dr. Edward Jenner successfully demonstrated the process of vaccination as a protection against smallpox in the twentieth century.

Ans: False

Complexity: Moderate

Ahead: A History of Community and Public Health

Subject: Chapter 1

Title: Community and Public Health: Yesterday, Today, and Tomorrow

Feedback: Dr. Edward Jenner successfully demonstrated the smallpox vaccination in the eighteenth century (1798).

10. True or False? COVID-19 exposed shortcomings in the USA's public health preparedness.

Ans: True

Complexity: Easy

Ahead: A History of Community and Public Health

Subject: Chapter 1

Title: Community and Public Health: Yesterday, Today, and Tomorrow

Feedback: The COVID-19 pandemic showed clear weaknesses and significant issues with the state of US' public health preparedness regarding public health infrastructure, staffing requirements, and responsiveness.

11. True or False? Healthcare delivery is a twenty-first-century public health concern.

Ans: True

Complexity: Easy

Ahead: A History of Community and Public Health

Subject: Chapter 1

Title: Community and Public Health: Yesterday, Today, and Tomorrow

Feedback: Although the Affordable Care Act increased the number of Americans with health insurance, high healthcare expenditures in the United States continue to be an issue in the twenty-first century.

12. True or False? Migration and population displacement is a twenty-first-century global public health concern.

Ans: True

Complexity: Easy

Ahead: A History of Community and Public Health

Subject: Chapter 1

Title: Community and Public Health: Yesterday, Today, and Tomorrow

Feedback: Huge numbers of people find themselves without their basic needs met due to being displaced by conflicts or attempting migration to another country. Examples of this are the conflicts in Sudan and Myanmar and the northbound mass migration of people from South and Central America.

Essay

1. List and explain three physical factors affecting community health.

Ans: (1) Geography—community health problems can be directly influenced by latitude, altitude, and climate. For instance, parasitic and infectious diseases are a leading community health problem in tropical climates. (2) Community size—the larger the community, the greater its range of health problems and the greater the number of health resources. (3) Industrial development—may bring environmental pollution and occupational injuries and illnesses.

Complexity: Moderate

Ahead: Introduction

Subject: Chapter 1

Title: Community and Public Health: Yesterday, Today, and Tomorrow

2. Explain at least two highlights of community health efforts during the Renaissance and Exploration Period.

Ans: (1) A belief was established that disease was caused by environmental, not spiritual factors. (2) Observation of the ill led to more accurate descriptions of symptoms and outcomes of diseases.

Complexity: Difficult

Ahead: A History of Community and Public Health

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Title: Community and Public Health: Yesterday, Today, and Tomorrow

3. Choose three of the five social determinants of health to identify and describe their impact on health within your community or a hypothetical community. Five social determinants of health: education access and quality, healthcare and quality, neighborhood and built environment, social and community context, and economic stability.

Ans: (1) Low high school graduation rates result in lower paying jobs and long-term financial stress on the community. (2) Strong social engagement in the local church community contributes to a sense of belonging and provides a source of stability within the community. (3) Robust public transportation allows for families in this community to spend less money and time on transportation.

Complexity: Difficult

Ahead: A History of Community and Public Health

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Title: Community and Public Health: Yesterday, Today, and Tomorrow

4. Why does the United States view abuse of alcohol and illegal drugs as a community health concern?

Ans: Abuse of legal and illegal drugs costs the country thousands of lives from unintentional injuries and violent crimes each year. Additionally, billions of dollars are spent each year on addressing drug-related supply-and-demand issues and drug abuse.

Complexity: Difficult

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5. Explain the framework of *Healthy People 2030*.

Ans: Documents include a vision statement, a mission statement, foundational principles, five overarching goals, a plan of action, and 355 core science-based objectives spread over 62 different topic areas. On the HealthyPeople.gov website, each topic has its own webpage. At a minimum, each page contains a concise goal statement, a brief overview of the topic that provides the background and context for the topic, a statement about the importance of the topic backed up by appropriate evidence, and references.

Complexity: Difficult

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