

*Test Bank for Kielhofner's Conceptual
Foundations of Occupational Therapy
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Chapter 1 Test Bank

Multiple Choice Questions

1. Which of the following best explains why history is emphasized in Chapter 1?

- A. To honor the legacies of those throughout the history of the profession
- B. To understand how cultural, social, and political forces shaped the profession's development
- C. To memorize dates and events for accreditation requirements
- D. To separate occupational therapy's influence from the influence of other health professions

Correct Answer: B

2. In Chapter 1, paradigms are introduced to:

- A. Provide accurate treatment protocols for all clients
- B. Explain how knowledge developed in the 20th century
- C. Offer a checklist of techniques to use in clinical practice
- D. Explain the philosophical foundations and shifts that guide OT practice

Correct Answer: D

3. What are the three primary elements of a profession's paradigm?

- A. Core concepts, values, and skills
- B. Core concepts, values, and practice applications
- C. Core concepts, beliefs, and skills
- D. Core concepts, beliefs, and practical applications

Correct Answer: B

4. Which of the following best describes a conceptual practice model?

- A. A philosophical worldview to understand occupation and practice
- B. A code of ethics for therapy
- C. An interrelated body of theory, evidence, and practical tools used in practice
- D. A theoretical understanding of occupation to guide practice

Correct Answer: C

5. According to Kielhofner, a paradigm shift occurs when:

- A. New concepts enter the field of occupational therapy
- B. A law or policy modifies practices for occupational therapy
- C. Conceptual foundations can no longer define or meet practice needs
- D. Updates occur to educational standards and expectations

Correct Answer: C

6. Which type of conceptual practice model best meets this definition: A model that focuses on specific aspects of performance or participation.

- A. An Occupation Model
- B. Frame of Reference
- C. Relationship-Oriented Model
- D. Domain of Related Knowledge

Correct Answer: B

True or False

1. True/False: The multi-model approach is considered an eclectic approach.

Correct Answer: False

2. True/False: Conceptual practice models involve a dynamic and ongoing process of knowledge development.

Correct Answer: True

Short Answer Question

- 1.** In your own words, describe the difference between organizing models and complementary models. Why is it important to distinguish them?
- 2.** What is the significance of using an occupation model as the foundation of the multi-model approach?