

*Solutions Manual for Craven & Hirnle's
Fundamentals of Nursing 1st Edition by
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Suggested Answers to Assignments, Chapter 1, The Profession of Nursing

Written Assignments	Learning Objective(s)
1. Students' answers should include the following: • Development of nursing: ◦ Began with simple observation and giving prescribed medications ◦ Expanded to assessing patients, consulting with team members, and designing and implementing plan of care • Shift of nursing practice from hospital to community • Factors responsible for shift of healthcare to community: ◦ Rising consumerism ◦ Technology	1, 2
2. Students' answers should include the following: • A comparative report on the following: ◦ Nursing theory 1. Specific concepts that are foundations for nursing practice 2. How it gives direction to nursing practice and research ◦ Conceptual framework 1. Abstract, general concepts • A diagram depicting the following: ◦ Four components of nursing theory 1. Person 2. Environment 3. Health 4. Nursing	6, 7, 8

Group Assignments	Learning Objective(s)
1. Students' answers should include the following: • Role of critical thinking in nursing practice: ◦ Development of one's concept of nursing ◦ Assists in evaluating and responding to critical situations • Effect of personal views and experiences on nursing practice	2
2. Students' answers should include the following: • Diploma Nursing Program: ◦ Duration of the entry-level course ◦ Skills gained ◦ Career opportunities • Associate Degree Nursing Program: ◦ Duration of the entry-level course ◦ Skills gained ◦ Career opportunities • Baccalaureate Degree Nursing Program: ◦ Duration of the entry-level course ◦ Skills gained ◦ Career opportunities	3
3. Students' answers should include the following: • American Nurses Association: ◦ Purpose of the organization ◦ Benefits of membership • National League for Nurses: ◦ Purpose of the organization ◦ Benefits of membership	5

Clinical Assignments	Learning Objective(s)
1. Students' answers should include the following: • Disciplines closely related to nursing practice	4
2. Students' answers should include the following: • A chart showing the roles and responsibilities of a nurse	4

Clinical Assignments	Learning Objective(s)
in the following roles: ○ Caregiver ○ Decision maker ○ Manager and coordinator ○ Patient advocate ○ Educator ○ Communicator	

Web Assignments	Learning Objective(s)
1. Students could visit the following websites for information on forensic nursing: • http://www.iafn.org/ • https://nurse.org/resources/forensic-nurse/ The students will then prepare an informational brochure that includes the following information on forensic nursing: • What it means • Education and training required • Career opportunities available	3, 4
2. Students could visit the following websites for information on Orem's theory of nursing: • http://currentnursing.com/nursing_theory/self_care_deficit_theory.html • https://www.bartleby.com/essay/Orems-Self-Care-Deficit-Theory-and-its-F3CYNPZVJ • https://nurseslabs.com/dorothea-orems-self-care-theory/	6, 7

Suggested Answers to Case Study, Chapter 1, The Profession of Nursing

a. The nurse can increase the contribution of the client as a consumer in the following ways:

- View the client in a holistic manner.
- Encourage the client to participate in decision-making.
- Inform the client that they have the right to refuse or demand treatment.
- Provide education to the client related to their condition and treatment options.

b. The nurse should adopt the following methods to enrich the nursing practice:

- Practice critical thinking and analysis.
- Practice evidence-based nursing, which involves the inclusion of findings from the latest research into nursing practice.
- Encourage a professional client–nurse relationship.
- Continue personal nursing education through in-services and/or the attainment of advanced degrees.

Suggested Answers to Discussion Topics, Chapter 1, The Profession of Nursing

Suggested Answers for Discussion Topics	Learning Objective(s)
1a. Students' answers should include the following: • The nurse should be prepared for the following changes in nursing practice: ○ Change from institution-based healthcare to community-based healthcare ○ New pharmacotherapeutic agents ○ Improved equipment for diagnosis and treatment ○ Increased accessibility to healthcare ○ Novel treatment modalities ○ The use of nursing informatics	1, 4
2a. Students' answers should include the following: • The entry-level paths the nurse is referring to include the following: ○ Diploma Nursing Program ○ Associate Degree Nursing Program ○ Bachelor of Science in Nursing 2b. Students' answers should include the following: • The three programs differ from each other in the following ways: ○ Diploma Nursing Program a. Usually a 3-year program b. Located in a hospital, sometimes in conjunction with a community college c. Prepares nurses for staff positions in hospitals and other inpatient facilities d. Number of diploma programs have declined ○ Associate Degree Nursing Program (ADN) a. Usually a 2-year program but can be more b. Usually located in a community college c. Prepares nurses for staff positions in hospitals and	3, 4

Suggested Answers for Discussion Topics	Learning Objective(s)
other inpatient facilities ○ Bachelor of Science in Nursing (BSN) or Baccalaureate Degree a. Usually a 4- or 5-year program b. Located in colleges and universities c. Prepares nurses for positions in both inpatient and community settings	
3a. Students' answers should include the following: • Based on the change theory, the top three priorities are as follows: ○ Unfreezing: to recognize the need for change in this case to bring the patient's temperature down. ○ Movement: a shift of behavior toward a more healthful pattern, such as provide the patient with tepid sponge to apply to the forehead to help decrease their temperature or administer medication. ○ Refreezing: long-term solidification of a new pattern of behavior. Promote healthy choices that will help eliminate and prevent future fevers.	6, 7

Assignments, Chapter 1, The Profession of Nursing

Written Assignments	Learning Objective(s)
1. Prepare a road map of the development of nursing in the last 60 years. Emphasize the shift of nursing practice from the hospitals to the community and the factors responsible for it.	1, 2
2. Prepare a comparative report on nursing theory and conceptual frameworks. Add a diagram depicting the interaction between the four components of nursing theory.	6, 7, 8

Group Assignments	Learning Objective(s)
1. Divide into two groups and debate how critical thinking is integral to nursing education and practice. Also, explain the effect of personal views and experiences on nursing practice.	2
2. Divide into three groups and choose the following topics for discussion: a. Diploma Nursing Program b. Associate Degree Nursing Program c. Baccalaureate Degree Nursing Program Discuss the following points and ensure that you are able to identify the distinct pathways for entrance into the professional nursing practice: • Duration of the entry-level course • Skills gained • Career opportunities	3
3. Divide into two groups and discuss the following topics: a. American Nurses Association b. National League for Nurses	5

Group Assignments	Learning Objective(s)
Ensure that the discussion includes the following information about the topic assigned to your group: • Purpose of the organization • Benefits of membership	

Clinical Assignments	Learning Objective(s)
1. During your clinical rotation, interview a nurse to find out how the nurse collaborates with other providers of care to provide complete care to the patient. Prepare a report on the findings.	4
2. During your clinical rotation, interview a nurse on duty. Based on the interview, prepare a chart showing the roles and responsibilities of a nurse as the following: a. Caregiver b. Decision maker c. Manager and coordinator d. Patient advocate e. Educator f. Communicator	4

Web Assignments	Learning Objective(s)
1. Conduct online research on nursing degrees, education, and training. Prepare an informational brochure on forensic nursing, including the following: • What it means • Education and training required • Career opportunities available	3, 4
2. Conduct online research on Orem's theory of nursing and prepare a report on its application.	6, 7

Case Study, Chapter 1, The Profession of Nursing

Throughout the years, nursing practice has evolved from an institution-based model toward a community-based model. Nurses must be aware of the political and socioeconomic trends that influence nursing and healthcare. In addition, nurses must educate themselves continually to stay current with new research in healthcare. Effective nursing is characterized by the ability not only to administer quality care but also to evaluate situations critically and respond (as necessary) appropriately. Read the scenario and answer the questions that follow.

A student nurse has graduated from school and recently joined a healthcare facility as a professional. The nurse is becoming familiar with the institutional policies regarding client care (**Learning Objectives: 1, 2, 4, and 8**).

- a. How can the nurse increase the contribution of the client as a consumer in healthcare?
- b. What methods should the nurse adopt to enrich the nursing practice?

Discussion Topics, Chapter 1, The Profession of Nursing

Discussion Topics	Learning Objective(s)
1. A nurse who had been home based for the last 20 years has again started practice as a nursing professional. The nurse is aware that there may be many changes in the nursing practice. a. What changes in nursing practice should the nurse be prepared for?	1, 4
2. A teenager who was admitted to a healthcare facility is quite moved by the care, commitment, and dedication of the nurse caring for them. They want to become a registered nurse themselves and care for others. The nurse tells them, they need to pass one of the entry-level paths that will qualify them to take the licensure examination to become a registered nurse. a. What entry-level paths would the nurse be referring to? b. How do the programs differ from each other?	3, 4
3. A nurse is caring for a patient with fever. The nurse provides a tepid sponge to the patient and measures the patient's temperature again, which is still elevated. a. As per the change theory, what are the nurse's top three priorities?	6, 7