

*Solutions Manual for Timby's
Fundamental Nursing Skills and
Concepts 13th Edition by Moreno*

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Guided Lecture Notes, Chapter 1, Nursing Foundations

Learning Objective 1. Identify the reforms for which Florence Nightingale is responsible.

- Give a brief introduction about Florence Nightingale. (Refer to **PowerPoint slides 03 and 04.**)
- Describe Florence Nightingale's role in caring for the sick and injured British soldiers during the Crimean War. (Refer to **PowerPoint slides 03 and 04.**)
- List the contributions of Florence Nightingale in changing the image of nursing. (Refer to **PowerPoint slide 04.**)

Learning Objective 2. Name the ways nurses used their skills in the early history of U.S. nursing.

- Discuss the introduction of nursing in the United States. (Refer to **PowerPoint slides 07 and 08.**)
- Explain the expanding horizon of the nursing practices in the United States. (Refer to **PowerPoint slide 08.**)
- Describe the nursing services during the Spanish–American war, World Wars I and II, the Korean War, and in conflicts in Vietnam and Iraq. (Refer to **PowerPoint slide 08.**)

Learning Objective 3. Describe the way in which early U.S. training schools deviated from those established under the direction of Florence Nightingale.

- Describe how the standards of the early U.S. nursing schools deviated from those of the nursing schools established under the direction of Florence Nightingale. (Refer to **PowerPoint slide 08.**)

Learning Objective 4. Explain how art, science, and nursing theory have been incorporated into contemporary nursing practice.

- Explain how the art of nursing has been combined with science in contemporary nursing practices. (Refer to **PowerPoint slide 09.**)
- State the different nursing theories that have been integrated into contemporary nursing practices. (Refer to **PowerPoint slide 09.**)

Learning Objective 5. Discuss the evolution of definitions of nursing.

- State the definitions proposed by the following (Refer to **PowerPoint slide 10.**):
 - Florence Nightingale

- Virginia Henderson
- American Nurses Association (ANA)

Learning Objective 6. Identify the factors that influence choice of educational nursing program.

- State the factors that influence the choice of nursing program. (Refer to **PowerPoint slides 11–13.**)

Learning Objective 7. List types of educational programs that prepare students for beginning levels of nursing practice.

- State the two basic educational options that are available for those interested in a nursing career. (Refer to **PowerPoint slide 11.**)
- Explain practical/vocational nursing and provide a brief background. (Refer to **PowerPoint slides 14 and 15.**)
- Explain the roles and responsibilities and guidelines of a registered nurse. (Refer to **PowerPoint slide 16.**)
- List and describe the following programs available to students in order to become a registered nurse. (Refer to **PowerPoint slides 17–21.**)
 - Hospital-based diploma programs
 - Associate degree programs
 - Baccalaureate programs
 - Graduate nursing programs

Learning Objective 8. Explain the importance of continuing education in nursing.

- Explain what is meant by “continuing education” in nursing. (Refer to **PowerPoint slide 22.**)
- Discuss the rationales for acquiring continuing education. (Refer to **PowerPoint slide 22.**)

Learning Objective 9. List examples of current trends affecting nursing and health care.

- Discuss the major issues that dominate nursing today. (Refer to **PowerPoint slides 25–31.**)

Learning Objective 10. Discuss the shortage of nurses and methods to reduce the crisis.

- List the factors that contribute to the shortage of nurses. (Refer to **PowerPoint slides 25 and 26.**)



- Describe the government's response to address the shortage of nurses. (Refer to **PowerPoint slides 27 and 28.**)
- List the proactive responses of nurses to the trends affecting their roles in health care. (Refer to **PowerPoint slides 29–31.**)

Learning Objective 11. Describe four skills that all nurses use in clinical practice.

- List and describe the following nursing skills that a nurse uses in clinical practice. (Refer to **PowerPoint slides 34–38.**)
 - Assessment skills
 - Caring skills
 - Counseling skills
 - Comforting skills